Creative Partnerships: Moving Beyond Law Enforcement
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Resource Sharing Project

Objectives
- Provide statistics and information about survivors who work with law enforcement
- Expand our concept of community collaborations
- Provide creative examples of partnerships that meet long term advocacy needs

Who are the community partners you currently collaborate with the most?
### Statistics
- A study from 2007 shows that 18% of women in the U.S. have been raped in their lifetime.
- Less than 10% were reported to law enforcement.
- Less than 20% of the cases that were reported to law enforcement were prosecuted.
- When expanding that statistic to all forms of sexual violence, that statistic rises to 37%.
- Only 3-4% of rapists will spend time in jail.

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### Why might survivors not want to speak with law enforcement?

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### Neurobiology
- Trauma causes neurological and physiological changes.
- Trauma can literally change the brain.
- Research tells us that brains can heal from this.
Strategies that Help Heal

There is no more effective neurobiological intervention than a safe relationship" -- Bruce Perry, Ph.D.

- Challenging the brain to learn new things
- Break old routines

Janine M. D'Anniballe, Ph.D., 2014

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Strategies that Help Heal

- Safe physical touch
- Including your senses
- Meditation and mindfulness practices
- Exercising
- Getting good sleep
- Diet

Janine M. D’Anniballe, Ph.D., 2014

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Long-Term Advocacy

- Continued support is essential to the healing process for survivors
- Survivors need support and advocacy across the lifespan

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In light of this, who should be our community partners?

Meeting Basic Needs
- Secure food source
- Finding safe housing

Who are your community partners?

Medical Needs
- Dentist care
- Gynecological care
- General Practitioner
- Applying for health insurance

Who are your community partners?
Employment Needs

- Adjustments to work schedule
- Rearranging or changing work space
- Search for new employment
- Adjustments to workload

Who are your community partners?

Education Needs

- Going back to school
- Children now in school
- School experience

Who are your community partners?

Mental and Spiritual Needs

- Mental health services
- Faith communities
- Animal & Plant Therapies
- Arts & Crafts
- Dance/Movement/Exercise
- Integrative Medicine
- Poetry and therapeutic writing
**Spiritual and Mental Needs**
- Mindfulness and breath work
- Music therapy
- Nutrition
- Support in birthing

**Who are your community partners?**

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**Forming Partnerships**

**Education**     **Referrals**     **Collaborations**

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**Education**
- Teach providers in your community about sexual assault
- Reciprocate by learning about what they do and how they can help survivors
Making Referrals

- Create and maintain a list of good referrals
- Screening process for potential referrals
- Sponsored Referral
- Always revisit this list and make edits

Making Referrals

I know Sally very well. She has taught yoga for a long time and has a lot of training. She has a strong background with trauma and has worked with a lot of survivors from our program. She will work with you at your own pace. Now, if this doesn’t work for you for any reason, even though I’ve said I think she’s a good provider, you should trust your gut.

Making Referrals

There IS someone in town that I’ve heard about who provides acupuncture. But I don’t really know that person’s background in terms of working with trauma and with survivors. I am glad to give you the person’s name and number if that is helpful, but I want to make sure you know that my knowledge of this person is limited. It would be important to have a conversation up front with the provider about your needs and boundaries. And to stop at any time things don’t feel right. And if you decide to go ahead and would like me to come to your first appointment with you, let me know.
Community Collaboration

• Create a SAAM event together
• Offer a class or workshop specifically for your program
• Create a support group together
• Teach a class together for the community or other service providers

Questions?

Thank you, OVW!

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Thank you!

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References  